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Wellness Committee Meeting Agenda

Objective: Review the Triennial Assessment in accordance to the District's Wellness Policy 246 and discuss future wellness goals.

Date:3/31/2022Location:Business Office, Administration BuildingTime:3:30 PMFacilitator:Leslie RollerAttendees:Shawn Hain, Tamara Dandy, Mark Kamyszek, Ann PerkinsMembers not present:Elodia Barajas, Laura Edwards, Rodger Gay

Before the meeting: All participants were provided a copy of Wellness Policy 246 and Wellness Policy Assessment Tool and Report Template for review.

Agenda

- 1. Introduction and review of objective
- 2. Discussion and review of Triennial Assessment
 - a. District's current compliance with Wellness Policy 246
 - b. Completion of Wellness Policy Assessment Tool and Report Template
 - i. Public Involvement, Notification and Assessment
 - ii. Nutrition Education
 - iii. Nutrition Promotion
 - iv. Physical Activity
 - v. Physical Education
 - vi. Other Wellness Activities
 - vii. Nutrition Guidelines
 - c. Goal setting for future wellness objectives
- 3. Plan date, time, venue of next meeting
- 4. Meeting close

Outcome: Results of meeting will be publicly posted on the District's website and forwarded to PDE.